

Brain Friendly Forms of Education for ADHD Learners

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AIMS OF THE PROJECT

BFF project aims to create qualitative educational strategies, resources and activities as a support for adult educators who work with adult learners coping with learning difficulties, such as ADHD, in order to improve their learning process, acquisition of knowledge and development of needed skills and competences. Doing so we guarantee the extension and development of educators, related to a better understanding of the issues that adult learners face with learning difficulties, such as ADHAs well as the know-how of creating inclusive learning environments and learning paths for those.



The main idea of the project has as its base the benefits of neuropedagogy and how these can be transposed into educational strategies and practical resources, in order to facilitate both the teaching and the learning process of adults coping with ADHD. Through our project we aim to create two results which will serve as support for adult educators and adult educational centers in their daily work. We consider that the results are complementary, the online course for adult educators represents the theoretical part and the handbook of activities represents the practical part, which adult educators can directly implement with their learners.

What has been achieved? All partners have discussed visual identity of the project, logo, webpage, social media, G drive. The project activities involve research to provide an in-depth picture of the subject of brain friendly forms of learning at the European level, and will form the basis of the next steps of the project.

- **PROJECT RESULTS**
- Online course - Educational strategies for ADHD learners based on the Neuropedagogy
- Handbook of Brain-Friendly Activities (BFA)

- **PROJECT PARTNERS**
- SYAJ - ASSOCIACAO JUVENIL SYNERGIA (Portugal)
- DRUSTVO ZA RAZVIJANJE PROSTOVOLJNE GA DELA NOVO MESTO (Slovenia)
- ASSOCIATION OF YOUNG PSYCHOLOGISTS IN BULGARIA (Bulgaria)
- ENJOY ITALY DI ALESSANDRO GARIANO (Italy)